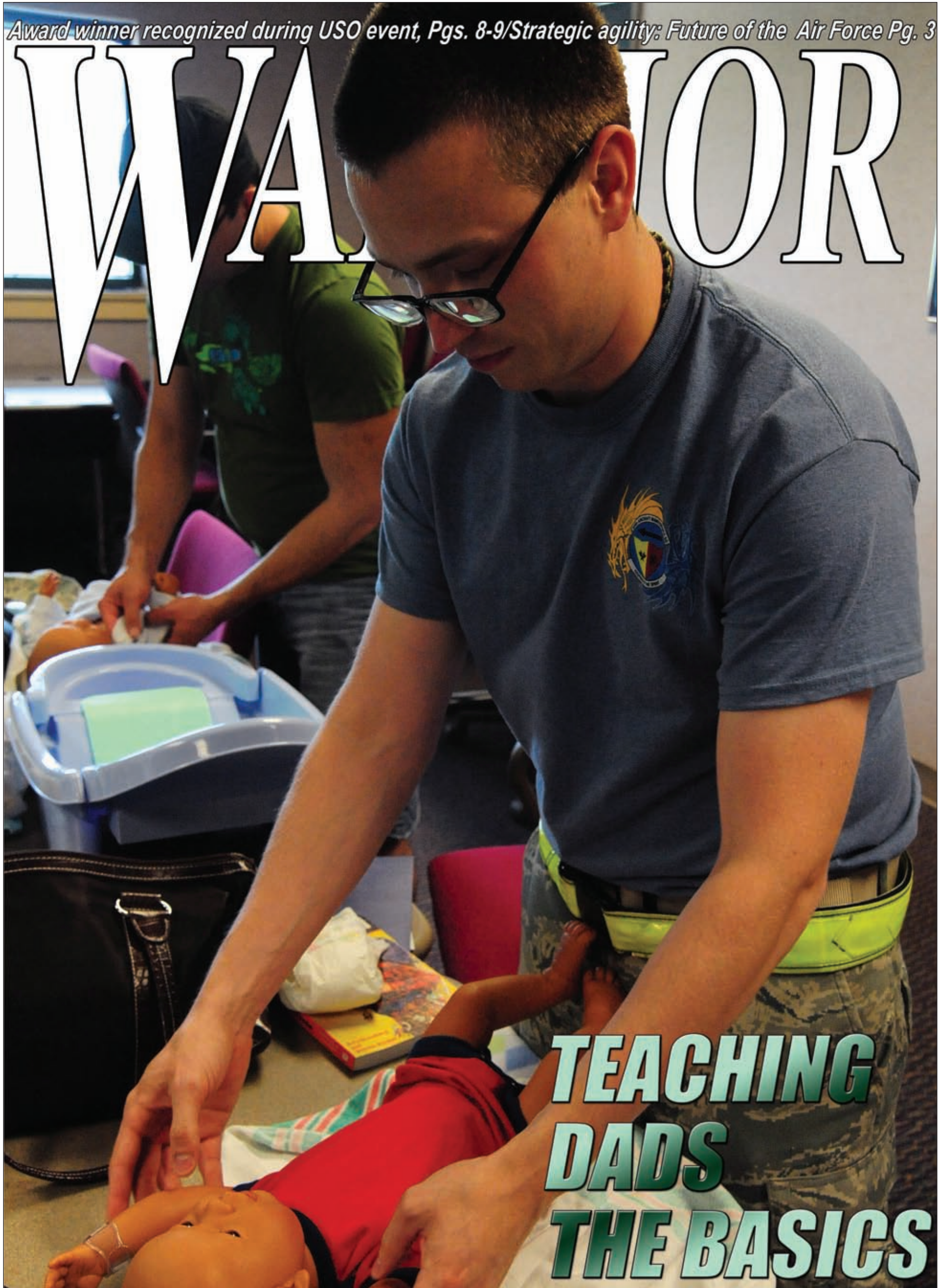


Award winner recognized during USO event, Pgs. 8-9/Strategic agility: Future of the Air Force Pg. 3

WARRIOR



**TEACHING
DADS
THE BASICS**

Leadership -- helping others achieve success

By Chief Master Sgt. Robert Bell Jr.
509th Force Support Squadron
Superintendent

I would argue that many of our Air Force careers started in similar fashion, even though there are numerous reasons people elect to join the Air Force. I'm sure for most of you it was a calling to do something different than you were currently doing or an opportunity to serve something greater than yourself. Mine was certainly no different. Following my humble beginnings growing up in Alabama, I worked for the local television station and on the surface it looked like I was on top of the world (or at least it appeared that way as I cruised around in my 1979 black Z-28). I was living for the moment, having fun and only being accountable to me.

So in 1984 I stumbled into my local recruiter's office with no real intention of "signing up;" it was more of a fact-finding mission that went...much differently than I expected. When I look back today, however, it turned out to be one of the best decisions I've ever made. The Air Force provided the stability at the time that I so desperately needed to refocus my priorities and gain some direction in my life.

I've seen the Air Force change a lot over the years, and I anticipate more changes on the horizon. Many times, people view change as a negative, and in some cases it is, but I would argue for us to remain the most lethal Air Force in the world we have to change, and the leaders who stand ready to embrace change and adopt strategies to move forward will ultimately be the most successful. There has never been a time I can recall in my 30 years where we needed strong leaders more than we do today. With the fiscal constraints and the down-sizing of the force, it becomes even more critical that we keep our eye on the target to ensure we take care of our wingmen and our resources.

I challenge each of you regardless of your place within the organization to make every day a day you can be proud of



Chief Master Sgt. Robert E. Bell Jr.
509th Force Support Squadron Superintendent

because of your contribution to our great service and our nation. Sometimes it's as easy as taking a hard look internally and simply changing just one thing you've wanted do different for a while, but for whatever reason have put it off until now. A chief once told me one of the things that make OUR Air Force so unique is that you don't need a golden key or special treasure map to find the secret to professional growth. The path to success is posted in every PDG and on the walls of your favorite CAA or superintendent's office. As I turned to walk away, puzzled like most young Airmen would be when a chief just stopped them in passing to chat, he yelled back and said "SrA Bell, don't forget that when you find that success to pull yourself up with one arm and reach down and pull someone else up along with you." Those words have been a staple of my leadership philosophy and have served me extremely well over my career. As I watch Team Whiteman accomplish their daily mission, I am continually amazed at the level of professionalism, dedication and unit pride on every corner of the installation. I can no doubt retire next week confident we have the people and

processes in place to not only sustain our crucial mission but continue to grow it. I salute each and every one of you; it has truly been an honor to serve with so many people who've taught me so many things over the years. Good luck and much success in all future endeavors and I hope to see you on the other side.



Standards are the minimum

By Maj. Erick Tucker
509th Communications Squadron Commander

There is no such thing as "minimum" standards. Standards are the minimum. There are standards and there is non-compliance with standards. No one wants to be on the non-compliance side of the ledger -- everyone wants to meet standards.

However, in meeting standards, we should always strive to do the best we can and far exceed the standards in every aspect. This may sound like we're either meeting standards or going above the standards, but it's not.

What's the difference? Attitude!

It is all about your attitude and how you approach challenges and opportunities. It is about your view of life. If you strive to only meet the standard, sometimes you will succeed and sometimes you will not. However, there is no doubt just meeting the standard will soon

become your way of life and will reflect in everything you touch. Soon, rather than later, you will begin to accept shortcomings. Soon not meeting the standard will become your norm.

What can you do to keep this from happening? Myself, I do what I call the "Momma check." I ask myself "would Momma be proud of my effort to do just enough or will she be most proud if I strived to excel in all I do?" Hmm, excellence in all we do. That sounds familiar.

In today's Air Force good enough is not good enough. Subordinates will follow your lead and there is no place for slacking.

If you are the type of person who is satisfied with just meeting standards, then change your attitude and be the example you know you should be. Attitudes, both positive and negative, are contagious. Infect everyone with positive attitudes. Have pride in your work and in your unit, and in your Air Force. Standards are the minimum and you can, and should, always strive to do more than the standard.

THE WARRIOR

Editorial Staff

Brig. Gen. Glen VanHerck
509th Bomb Wing Commander

1st. Lt. John Cooper
Chief, Public Affairs

Ms. Candy Knight
Deputy Chief, Public Affairs

Airman 1st Class Joel Pfister
Editor

Photojournalists

Staff Sgt. Alexandra Boutte
Staff Sgt. Nick Wilson
Staff Sgt. Brigitte N. Brantley
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Senior Airman Lacie A. Carmody
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On the cover

U.S. Air Force photo/Staff Sgt. Nick Wilson
Senior Airman Adam Bairos, 509th Aircraft Maintenance Squadron electronic warfare journeyman, changes a baby doll's diaper as part of a hands-on exercise during "Dads the Basics" at the Professional Development Center at Whiteman Air Force Base, Mo., July 18, 2014. "Dads the Basics" is a course that teaches soon-to-be fathers the fundamentals of caring for a baby.

NEWS BRIEFS

Did you know???

What the qualifying and disqualifying factors are to apply for Palace Chase. To be eligible for this opportunity, you must: Be a U.S. citizen, complete at least 2/3 of the initial Active Duty Service Commitment for officers and 24 months of a 4-year contract or 36 months of a 6-year contract for enlisted members, be medically qualified worldwide, meet fitness standards.

If you have any questions regarding this program, you can contact your unit First Sergeant or Master Sgt. Stephen Thomas, the AFRC In-service Recruiter, at 687-1868.

Spirit Café

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It sounds so good I want to go to the Spirit Café too! So, don't waste time. Tell a friend and take a friend to the Spirit Café today!

Telephone news line set up for retirees

A toll-free telephone news line has been set up for retirees and surviving spouses who do not have computer access.

By calling 1-800-558-1404, retirees and spouses can stay informed using this new easy-to-use menu-driven service. Callers can select from several different topics that are compiled from various electronic news sources.

Topics include pay and annuity matters, medical and health care, and other benefits and entitlements.

CCAF GEM Program

Military members avoiding taking classes because of work shifts, deployments or other time constraints have a new program to assist them. Community College of the Air Force degree requirements can be met through distance learning using the CCAF General Education Mobile (GEM), a partnership between CCAF and other schools. For more information call (660) 687-2420.



WEATHER

Today	Saturday
Mostly Sunny	Mostly Sunny
Hi 83	Hi 84
Lo 62	Lo 62
Sunday	Monday
Sunny	Sunny
Hi 85	Hi 88
Lo 64	Lo 64

Strategic agility is the future of the Air Force

By Staff Sgt. Torri Ingalsbe

Air Force Public Affairs Agency, Operating Location – P

WASHINGTON (AFNS) -- As the Air Force prepares for new challenges and opportunities of the coming decades, it faces sobering 21st-century realities: global centers of power have become more distributed and the terrorism threat more dispersed. Most importantly, the emerging environment is demonstrating a trend that could prove to be the defining one of current times: the accelerating pace of change.

Thus, the Air Force's ability to continue to adapt and respond faster than the potential adversaries is the greatest challenge it faces during the next 30 years.

To meet the challenge, Secretary of the Air Force Deborah Lee James and Chief of Staff of the Air Force Gen. Mark A. Welsh III have developed a strategic framework that will guide Air Force planning and resourcing over the next several decades. The framework has three main elements: a long-term future look that provides the vectors and imperatives necessary to guide planning activities, a 20-year resource-informed plan, and a 10-year balanced budget, based on fiscal projections.

The first document of the trilogy, "America's Air Force: A Call to the Future," is the cornerstone guidance for a unified path to the future. The document emphasizes the need for strategy-driven resource decisions. But more important is the courage to make bold change, because Airmen must think and do things differently to thrive in the 21st century.

In an era defined by rapid change, the institution that can keep pace

in its processes, thinking, and actions will be the one best poised for success in deterring conflict, and winning should a fight be required. This is what "A Call to the Future" refers to as strategic agility.

Agility combines the attributes of flexibility and adaptability to leverage speed. The rate at which the Air Force develops capabilities needs to increase to match the pace of change and the opportunities to incorporate new technologies and improve existing systems.

James explained further that, "In addition to strategic agility, our nation demands an Air Force capable of harnessing diverse ideas and perspectives. Diversity, total force integration, and building internal and external partnerships provide the nation with the Air Force it expects, deserves, and needs."

The most important responsibility of a military service is to provide decision makers with viable solutions for the challenges of tomorrow and, true to Air Force heritage, it will meet that challenge. The Air Force will continue to deliver enduring, responsive airpower for national security through both the strength of Airmen and the responsive and effective application of global vigilance, global reach, and global power for America.

As Welsh stated earlier in 2014, "The five core missions of the Air Force are not going to change. These missions are what the combatant commanders and the nation expect us to provide, but the way we think about how they are provided has to change. The Air Force must have the strategic agility required to successfully respond to the complex challenges that will confront our nation."

Theodore Van Kirk, Enola Gay navigator, passes away

By 509th Bomb Wing Public Affairs

Theodore Van Kirk, the last surviving crew member of the Enola Gay, and the navigator on the famous B-29 Superfortress that dropped the atomic bomb on Hiroshima, Japan, during World War II, died Monday in Stone Mountain, Georgia.

Van Kirk was 93.

"Team Whiteman and the nation have lost a great patriot," said Brig. Gen. Glen D. VanHerck, 509th Bomb Wing commander. "Maj. Theodore Van Kirk was a vital member of a historic unit, the unit from which the 509th Bomb Wing was born, and his contributions to American military history and to Allied victory in World War II will forever be remembered."

A veteran of 58 World War II combat missions, Van Kirk was selected to be a member of the 509th Composite Group by the 509th's commander, Col. Paul Tibbets. The 509th Composite Group was the predecessor to the 509th Bomb Wing, which is stationed at Whiteman Air Force Base, Missouri.

Before the mission over Japan, Tibbets told Van Kirk the group had been chosen for a top-secret bombing mission that might end the war.

On Aug. 6, the Enola Gay, crewed by Van Kirk, Tibbets and 10 others, dropped the first atomic bomb on Hiroshima; Van Kirk, a captain at the time, was only 24 years old. His skill and professionalism ensured the Enola Gay arrived at the drop point a mere 15 seconds after the initially planned time, quite an



U.S. Air Force photo

The ground crew of the B-29 "Enola Gay," which dropped the atomic bomb on Hiroshima, Japan. Col. Paul W. Tibbets, the pilot is the center.

accomplishment given technological and logistical limitations during WWII.

Van Kirk completed his military service in August 1946 with the rank of major. His decorations include the Silver Star, the Distinguished Flying Cross and 15 Air Medals.

Monthly Fire Prevention Safety Article

By Tech Sgt. Chris Gunn

509 CES/CEFP

Before the summer ends and school start back up, many of us will be traveling about our nation staying in various hotels and motels. For the protection of our loved ones and ourselves, have any of us stopped to ask this one simple question? What do I do if caught in a fire? Did you know, according to the National Fire Protection Association, fire departments responded to an estimated average of 3,700 structure fires per year at hotels or motels properties between 2006-2010. These fires caused average annual losses of 12 civilian deaths, 143 civilian injuries, and \$127 million in direct property damage each year.

Like all buildings, hotels and motels can have fires. Plan what to do when you check in.

You won't have time to plan during a fire.

BE SAFE WHEN TRAVELING!

- Choose a hotel/motel that is protected by both smoke alarms and a fire sprinkler system.
- When you check in, ask the front desk what the fire alarm sounds like.
- When you enter your room, review the escape plan posted in your room.
- Take the time to find the exits and count the number of doors between your room and the exit. Make sure the exits are unlocked. If they are locked, report it to management right away.
- Keep your room key by your bed and if there is a fire take your key with you so you can go back if you can't use your exits.
- If the alarm sounds, leave right away, closing all doors behind you. Use the stairs-never use elevators during a fire.
- If you must escape through smoke, get low

and go under the smoke to your exit.

IF YOU CAN'T ESCAPE!

- SHUT off fans and air conditioners.
- STUFF wet towels in the crack around the doors.
- CALL the fire department (# 911) and let them know you location
- WAIT at the window and signal with a flashlight or light-colored cloth.

Whiteman Fire & Emergency Services wants you and your family to return home safe and be able to enjoy future vacations. If you have any questions about fire prevention, fire safety, or training please contact our Fire Prevention Office for information at 687-6080, 687-3748, or 687-6083. Also, please log on to our face book page at Whiteman AFB Fire Emergency Services for more fire safety tips.

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Earth to Echo (PG)
Adults - \$5.75, children - \$3.75

WEDNESDAY, AUG. 6

CLOSED

Spirit Gate Construction Aug. 4 to 8

By the 509th Civil Engineer Squadron

From Aug. 4 to Aug. 8, the Spirit Gate will be open for **INBOUND** traffic only. Traffic cones and signs will be placed to direct traffic to appropriate lanes.

All OUTBOUND traffic must use other available gates:

- The Arnold (Knob Noster) Gate will operate 24 hours a day for the duration of construction.
- The Lemay (South) Gate will retain regular operating hours, 6 a.m. to 6 p.m., Monday to Saturday

Speed limit in construction area is 15 MPH!

Pedestrian and bicycle traffic (at the school crosswalk) will be unaffected by work area.



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WHITEMAN SCHEDULE FALL 2014

Classes may be cancelled or added depending on enrollment.

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SESSION 1 (SEPTEMBER 9th -29th) 5pm-9:20 pm

Composition 1 M-W

Speech T-Th

SESSION 2 (SEPTEMBER 30th- OCTOBER 20th) 5pm- 9:20pm

Speech M-W

Composition 2 M-W

American History T-Th

Human Resource Management T-Th

SESSION 3A (OCTOBER 21st- NOVEMBER 10th) 5pm- 9:20pm

Humanities T-Th

SESSION 3B (OCTOBER 21st- NOVEMBER 24th) 5pm- 9:20pm

College Algebra M-W

College Algebra T-Th

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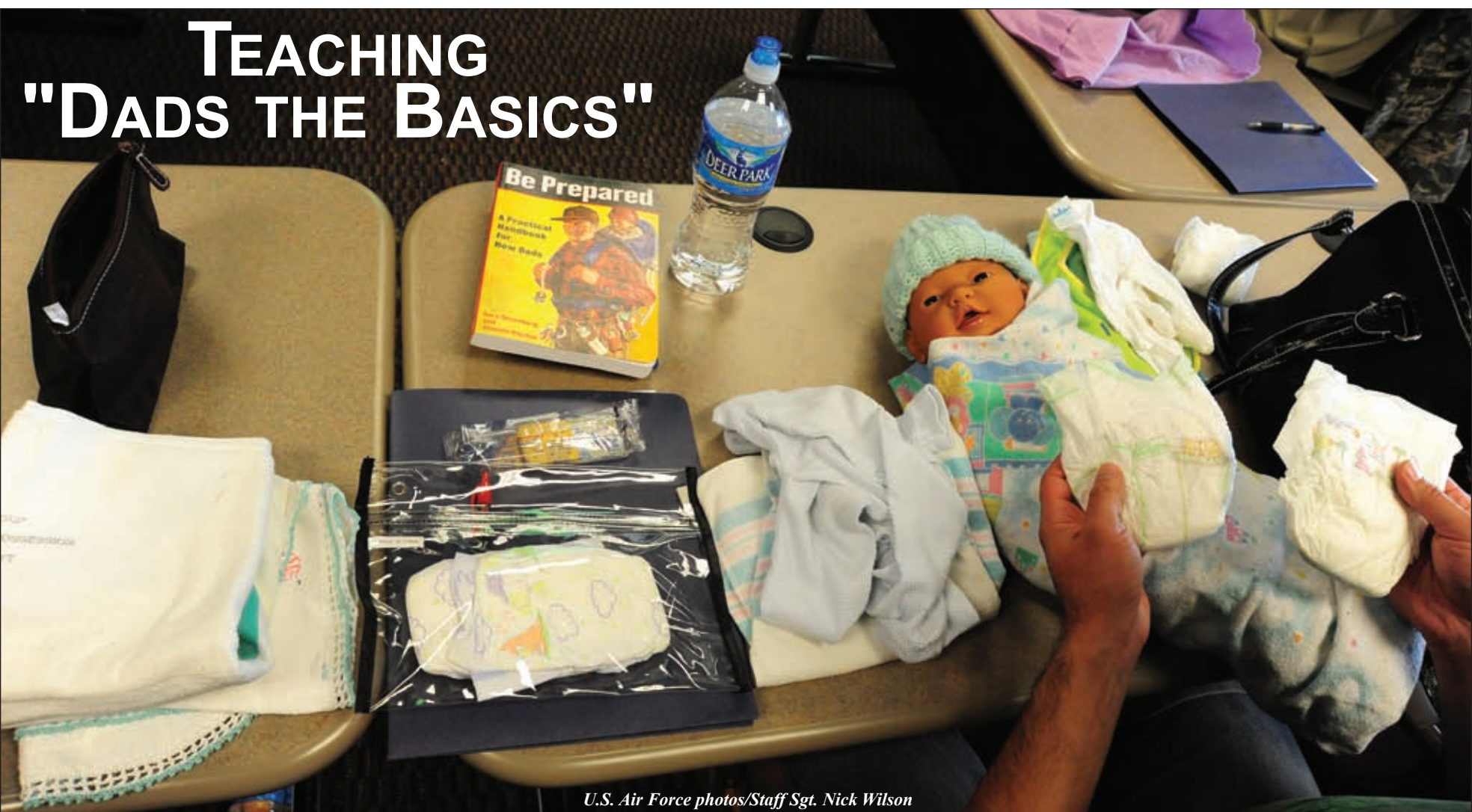
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TEACHING "DADS THE BASICS"



U.S. Air Force photos/Staff Sgt. Nick Wilson

Staff Sgt. Sky Meashintubby, 509th Munitions Squadron load delivery dispatcher, sorts through items after taking them out of a diaper bag as part of a hands-on exercise for "Dads the Basics" at the Professional Development Center at Whiteman Air Force Base, Mo., July 18, 2014. In addition to the diaper-bag exercise, participants also received familiarization on stress that comes along with the pregnancy and post-partum pregnancy stages.

By Staff Sgt. Nick Wilson
509th Bomb Wing Public Affairs

On a late night, emergency ambulance services respond to an incident at base housing. They arrive on scene to find a 4-week-old infant lying cold and motionless.

His skin has a black and blue tint. His face is swollen and unrecognizable, due to Shaken Baby Syndrome (SBS), which is the "leading cause of death in abusive head trauma cases," according to the Missouri Foundation for Child Abuse Prevention.

In an effort to prevent child abuse such as SBS, Team Whiteman's Family Advocacy office hosts a "Dads the Basics" course once every three months.

The most recent course was held at the Professional Development Center, July 18. The soon-to-be fathers who attended learned what to expect and prepare for during the pre-pregnancy and post-partum pregnancy stages.

"Learning about stressful situations you could get into with a newborn and how to avoid getting to the point where you could shake a baby is important," said Senior Master Sgt. Anthony Escobedo, 509th Maintenance Squadron assistant low-observable flight chief and volunteer instructor for the course.

"We want to get this message out to our younger military members so they can take care of their children, themselves and their wives, which will in turn benefit the entire family in the long run," Escobedo said. "We're giving them inspiration to be good parents."

Escobedo was stationed at a base overseas when his first of two children was born.

"I had to learn a lot of things on my own," he said. "What's nice about this course is that we give young Airmen information they

will soon need so they don't have to think, 'Oh no, my kid's here. What do I do now?'"

Airmen were also educated on the after-effects of child abuse, along with a wide range of information on what should be expected during the pregnancy stages.

"Hearing from other men what to expect during the pregnancy, and then what to expect from their partner and how they can support their partner, is the biggest thing Airmen can take away from the class," said Dana Livsey, 509th Medical Operations Squadron family advocacy outreach manager. "Our real emphasis is on how they are being safe with their babies - learning how to take care of them, love them and even how to handle a difficult baby."

Master Sgt. Lamar Bacon, 509th MXS first shirt, told a story to the class of when he once responded to a child abuse case on Christmas Day.

"The baby was unresponsive," Bacon said. "The medical and fire departments were on their way. When I arrived, I could see from the baby's eyes that there was a response, but he wasn't moving or crying."

Once the ambulance arrived on scene, it was determined the baby had 14 broken bones, Bacon said.

"The dad had beaten the baby to keep him from crying, because he wanted to play a video game," Bacon said, pausing as emotions from that memory started to come back.

After the story, the students were given suggestions on various techniques they could apply when babies are crying.

One of the most helpful techniques was called the "5 Ss," in which the soon-to-be fathers attempted swaddling, turning the baby to their side or stomach, shushing, swinging and sucking (offering a bottle or pacifier) in any order, said Senior Airman

Adam Bairos, 509th Aircraft Maintenance Squadron electronic warfare journeyman.

"One of the things I learned here is that it's really easy to get overwhelmed and stressed," Bairos said. "You've got to treat infant care almost like drunk driving. Whether you have to call somebody or walk away, you don't want your anger to negatively impact the rest of your child's life."

Being raised by a single mother, Bairos grew up mostly without a lot of support from his father.

"This class addressed the questions I had in clear and concise ways," he said. "I want to be the dad that is involved in parent-teacher nights and walks around to look at all the bad artwork on school walls. My dad never did that. He was never there."

With a child due in January, Bairos aspires to provide his son or daughter with a better life than what he had growing up.

"I'm going to push myself to rise above what my father was," Bairos said.

The course also gave Airmen tips on how to support their wives both during the pregnancy stages and after birth.

"It can prevent future divorces because Airmen learn there has to be a two-way street for support between wives and husbands," Escobedo said. "There are going to be times where wives will go through changes, whether emotional or physical. The Airman has to be there for his wife."

Stress in relationships can build up when there is a lack of support from one of two partners, Escobedo said.

"Both parties should be on board with one another in nurturing their newborn," he added.

Having knowledge of what to do under stressful circumstances could be the difference between whether or not a baby ends up in the hospital.



Master Sgt. Lamar Bacon, 509th Maintenance Squadron first shirt, shows students how to swaddle a baby during a hands-on exercise for "Dads the Basics" at the Professional Development Center at Whiteman Air Force Base, Mo., July 18, 2014. "Dads the Basics" is a course that teaches soon-to-be fathers the fundamentals of caring for a baby.

"We're trying to prevent Airmen from getting to the point where stress levels are so high that a baby is shaken," Escobedo said. "We want them to see the warning signs in advance, so they don't get to the point where they ruin a child's life - or end it."

Airmen can sign up for "Dads the Basics" by contacting the Family Advocacy Office at DSN 687-4341 or by emailing Dana Livsey at dana.livsey@us.af.mil.

Civil Engineer wins Armed Forces Salute award

By Airman 1st Class Emili Koonce
509th Bomb Wing Public Affairs

The USO recognized a member of Team Whiteman for outstanding achievements during a ceremony July 25 at Mission's End.

Staff Sgt. Cody Foreman, 509th Civil Engineer Squadron's NCO in charge of training for emergency management was presented with the USO Armed Forces Salute Award for the state of Missouri, which recognizes military members for their leadership, military accomplishments and service to others.

"When I knew that it was a USO award, I knew there were other services involved and it makes me feel like I am not even on the same level as some of those people," Foreman said. "The amount of respect I have for the USO is above and beyond because they're an organization that puts the military first and there's not a ton of organizations that do that. The

USO is a leader in that field and to be honored by them I honestly feel like I am not even worthy of that. I can't tell you how happy it makes me."

Foreman's achievements in 2013 included coordinating multiple unit-wide field training exercises, revamping the wing shelter program by identifying and correcting 103 issues that prevented mission resiliency and devoting 120 hours to Habitat for Humanity, raising \$10,000 to construct homes for local residents.

"It's an honor to be here" said Mark Lear, USO's vice president of the board of directors. "I couldn't be more proud to present this award to Staff Sgt. Cody Foreman."

Foreman stated he invested his time in various organizations because he believed in what they were doing for the communities, but also because it helps make him a better person overall.

"Investing in things you believe in was the first step for me because I believed in [their] mission, and so forth," he said.

"The more and more things I could sink my hands into, it focused me so much more on where I felt I needed to be, and doing those things rounded me out both professionally and personally."

Although Foreman is humbled by winning this award, he says biggest achievement in 2013 was not on any awards package.

"I have a two-year-old son and a six-month-old daughter. If I am able to bring something like them into this world, it makes all my other achievements irrelevant," he said. "Those are my two proudest accomplishments."

Whether investing his time changing diapers, or training first-term Airmen, for Foreman, it is more about being confident in what you do and doing it because it is the right thing to do.

"If you believe in what you are doing you are going to succeed," he said.



U.S. Air Force photo/Airman 1st Class Emili Koonce



U.S. Air Force photo/Airman 1st Class Emili Koonce



U.S. Air Force photo/Staff Sgt. Nick Wilson

Members of the band Blackberry Smoke perform during a USO event at Whiteman Air Force Base, Mo., July 25, 2014. After Staff Sgt. Cody Foreman was presented with the Armed Forces Salute Award, the band played a free concert for members of Whiteman.

Staff Sgt. Cody Foreman and his family pose prior to being presented the USO Armed Forces Salute Award at Whiteman Air Force Base, Mo., July 25, 2014. The award recognizes military members for their leadership, military accomplishments and service to others.

Mark Lear, USO vice president of the board of directors, presents Staff Sgt. Cody Foreman with the USO Armed Forces Salute Award during a free concert event at Whiteman Air Force Base, Mo., July 25, 2014. Foreman's achievements in 2013 included coordinating multiple unit-wide field training exercises, revamping the wing shelter program by identifying and correcting 103 issues that prevented mission resiliency and devoting 120 hours to Habitat for Humanity, raising \$10,000 to construct homes for local residents.

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Sedalia Mo
660-826-8320




Join Us In WORSHIP

Northside Christian Church
500 N. Ridgeview Drive
Warrensburg, Missouri 64093
Office: (660) 747-8632
www.nccburg.com

Sunday Service Times
8:30 A.M.
9:50 A.M.
11:10 A.M.

Shiloh Missionary Baptist Church
212 N. Main St.
Warrensburg

Sunday School Starts 11:45 AM
Sunday Worship Service 10:00 AM
Thurs., Midweek Service 6:30 pm - 8:00 pm

"The Church that love is building"
Rev. Terrence Moody - Pastor
660-747-5685
www.smbctoday.org

...be filled with the Spirit.
Ephesians 5:18

First Assembly of God
Dr. Alvin Langston
Dr. Esther Kay Langston

Sunday School 9:30 a.m.
Sunday Service 10:30 a.m.
Midweek Renewal 7:00 p.m. Wed's.

240 NW Highway 13 ~ Warrensburg
660-747-6762
www.AG-WBG.org

Bethel Baptist Church
Join Us!

Sunday School 10am
Morning Worship 11am
Wednesday: Prayer & Bible Study 7pm
• Nursery & Kids programs for ALL ages •

"Independent, Bible Centered"
416 NW Highway 13
Warrensburg, MO 660-747-2173
(4 miles N. of Warrensburg)
bbc-burg.org

Heartland Church
Psalms 127:1

"A Church With A Heart Of Love"
Sunday Worship 10:00am
Sunday School 9:00am
Pastor Greg Morris
777 NE Highway 23
563-3810

CROSSROADS
Seventh Day Adventist Church
WARRENSBURG

Everyone Needs A Place To Come Home To
Join us every Saturday
5 miles W. of Warrensburg at the intersection of Hwys 50 & 58.

Worship Service **11:00 a.m.**
Sabbath School **9:45 a.m.**
Pastor Al Oetman
660-287-5849

Worship With Us

Charity Christian Revival Center
58 NE D. Hwy. - Knob Noster
Apostle Willie Shields, Jr.

Sunday School 10:00am
Worship Service 11:00am
(Children's Church & Nursery Available)
Wednesday Praise Service 7:00pm

563-4813
charitychristiancenter.org

Independent Fundamental

Grace Baptist Church
3304 S. Ingram - Sedalia

Sunday School 9:45am
Worship Sunday 10:45am & 6pm

826-2918
Pastor Alvin Sipe

Wednesday Bible Study 7pm

Victory Tabernacle Pentecostal Church
505 W. Gay St.
Warrensburg, MO 65093
(816)304-2914

Pastor Harry D. Stevens
Christian Education 9:30 AM Sunday
Morning Worship 10:30 AM Sunday
Tuesday Morning Bible Class 11:00 AM

"All Are Welcome!"

First Baptist Church
PRAYER DISCIPLESHIP WITNESS

110 E. McPherson
Knob Noster
Pastor: Jim Richards
Sunday School **9:30am**
Worship **10:45am**
Nursery Provided
563-3071

Warrensburg Church of Christ
722 S. Maguire
Warrensburg, MO 64093

SUNDAY
9:30am - Sunday School
10:30 am - Worship
6:00 pm - Worship
WEDNESDAY
7:00 pm - Bible Study

"The Churches of Christ salute you!"
Rom. 16:16
Email: contactus@cofcwsbg.org
Web address: http://www.cofcwsbg.org
660-747-5519

Knob Noster United Methodist Church

106 E. Wimer,
Knob Noster, MO 65336
660.563.2724
knobumc@knumc.com

Sunday Worship: 10:45
Sunday School: 9:30

First Baptist Church
"Applying God's Word in Today's World"

Sunday Worship 9:00 & 10:45 am
Sunday School 9:00 & 10:30 am

Childcare Available
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Warrensburg
747-9186

Web Site: www.fbcwburg.org
Email: fbcwburg@fbcwburg.org

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MISSOURI SYNOD
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660-563-5973
Sunday Worship 9:30 AM
Sunday School 10:45 AM
Adult & Children
Jr. High and High School Youth Groups Meet Monthly

Bring Your Family and Come Join Us This Sunday
(ACROSS FROM THE HIGH SCHOOL)

Abundant Life Ministries
607 Burkarth Street
Warrensburg, MO 64093

"A Place Where You Belong"

Sunday
Sunday School 10:00 am
Morning Worship 11:00 am
Wednesday
Bible Study 7:00 pm

Pastor Gwyndelon L Harrington
Email: almschurch@aol.com
660-909-4940

OAY Airmen, 509 BW commander travel to Washington

By Airman 1st Class Joel Pfiester
509th Bomb Wing Public Affairs

Three members of Team Whiteman were recently hand-picked to accompany Brig. Gen. Glen D. VanHerck, 509th Bomb Wing commander, on a trip to Washington, D.C., July 13 to 16.

Every year, the wing commander visits Washington, D.C., to speak with Missouri's congressional leaders, and he is allowed to bring three Airmen with him.

Capt. John Sullivan, 509th Security Forces Squadron, Master Sgt. Josef Albert, 509th Force Support Squadron, and Senior Airman Emily Luzum, 509th Operations Group, were hand-picked by VanHerck because of their accolades as Outstanding Airmen of the Year award winners at the Numbered Air Force and MAJCOM levels.

The group met with the U.S. senators from Missouri, Roy Blunt and Claire McCaskill, as well as Representatives Vicky Hartzler, Jason Smith and John Fleming, and Madeleine Bordallo, Guam's delegate to the House of Representatives. During private, 30-minute office calls with each member individually, the Whiteman group discussed important issues facing Whiteman and the Air Force today.

After seeing the inner workings of government and touring the Pentagon, the group toured the Capitol, and visited some famous national landmarks.

"We saw the Washington Monument, the Holocaust Museum, the Smithsonian Air and Space Museum, the Smithsonian Museum of Natural History, the Arlington National Cemetery, the Lincoln Memorial, the U.S. Cap-



Courtesy photo
From left to right: Master Sgt. Josef Albert, Capt. John Sullivan, Brig. Gen. Glen D. VanHerck, and Senior Airman Emily Luzum pose inside the United States Capitol Building in Washington, D.C.

itol and all affiliated buildings," Luzum said. "We really tried to take advantage of our time in D.C. In the three days we were there, we walked just under 20 miles."

The group's visit to the Holocaust Museum had a profound effect on Albert.

"It might seem odd, but the part of the trip that was most special to me was visiting the Holocaust Museum. The people that lived through that must be remembered," Albert said. "To me it is a large part of why I serve. Too many people think the type of cruelty

that occurred during the Holocaust will never happen again. However, you can see it in the news, if we're not vigilant in our global efforts it most certainly will."

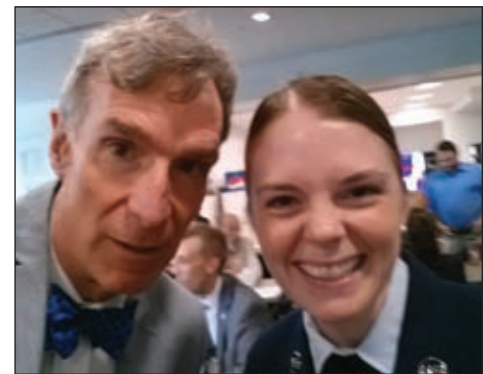
The group had fun visiting the nation's capital and were most grateful for the recognition.

"It was not only very humbling, but a huge honor as a senior airman to be by-name, hand-selected by the general to go with him to our nation's capital," Luzum said. "Just being acknowledged for all the hard work I do both on

and off work is great and it lets me know that I am a valuable asset to not only my shop, but to my base as well."

"The trip was special to me because being a farm kid from Wisconsin, I've never seen our nation's capital," Albert said. "It was a marvelous thing to see the inner workings of our government and all the pieces that keep our nation moving."

"I was honored to be selected as one of our representatives," Sullivan said. "Gen. VanHerck told us that we earned our spots to accompany him, but I know there are many other deserving Airmen on Whiteman that would have loved this opportunity. We are all grateful for the chance and did our best to be professional representatives for the men and women of Whiteman."



Courtesy photo
Senior Airman Emily Luzum, 509th Operations Group, takes a selfie with Bill Nye at the Pentagon in Washington, D.C. Every year the wing commander visits Washington, D.C. to speak with Missouri's congressional leaders, and he is allowed to bring three Airmen with him.

Contributed by the 509th Bomb Wing Safety Office

This Week's Focus: Traffic

Air Force Summer Losses: (Jun-Sep) 2009-2013
- 2 fatalities and 10 injuries caused by 12 blown tires
- Lost work days: 61
- Total cost, lost days: \$275,116

Civilian population risk data:

- Drowsy driving causes more than 100,000 crashes a year.
- Drowsy driving causes 40,000 injuries a year and 1,550 deaths.
- Between 2005-2007, tire failure contributed to 43.3% of crashes.
- Between 2005-2007, brake failure contributed to 25% of crashes.

Risk-taking is inherent in the Air Force. It is how we manage the risk that allows us to fly, fight and win. A key factor in risk assessment is the application of Service before Self: professional duties take precedence over personal desires. When you put your professional duties first, you do all you can to fulfill your professional obligation. Fulfillment includes sound decision-making in your off-duty time also.

According to the National Safety Council, "More than 90% of crashes are due to human error," said John Ulczycki, vice president of Strategic Initiatives at the National Safety Council. Human error is just another way of saying no personal risk management techniques were used.

"Drivers are taking a lot of risks on our roads today – people are speeding, driving impaired from alcohol and drugs, not wearing seat belts, talking on phones, reading or sending email and texts, and parents are letting teens drive before they are ready. We all need to look at the risks we take and the resulting harm that may be caused to ourselves and others. Many of these 35,200 fatalities last year surely involved people taking risks they thought they could handle. Sadly, they were wrong," continued Ulczycki.

During the 2013 Critical Days of Summer campaign period, the Air Force lost 16 Airmen in vehicle fatalities, both PMV-2 and PMV-4. That was 76 percent of the total number of fatalities.



The following story illustrates what will happen when you neglect to do all you can for safe driving.

An Airman was injured and tragically lost his father in an accident and neither wore a seat belt. This is his story. He was travelling with his spouse and father to the local downtown area. The Airman was driving his father's car and they were on a ten lane divided highway. After several minutes there was a loud noise. The left rear tire tread of the car came off the tire while they were going at high speed. The Airman attempted to brake, but lost control and began to fish tail. He attempted to correct the skid, but overcorrected causing the car to cross a lane of traffic. The car rolled several times down an embankment, struck a tree on the side of the road and came to rest on the driver's side, in front of the tree. Without a seat belt, the Airman was ejected from the car during one of the rollovers. Emergency responders quickly arrived on scene and he was taken to a hospital by ambulance. He was treated for multiple severe injuries and spent more than two months in the hospital. His father, also without a seat belt, was partially ejected from the vehicle. He was pronounced dead at the scene.

This didn't have to happen. Protect yourself and your families, friends and co-workers. When you're the driver, it is your responsibility to do everything possible to keep your passengers safe.

As you prepare for your summer trip, remember your car needs preparation too. It's not fun to have to stop for maintenance on your

way. Below is a list of some things to inspect (not a complete list):

- Cooling system to keep your engine from overheating
- Air conditioning
- Tire tread
- Brakes
- Battery
- If you use a trailer, ensure it's road-worthy

We all know there are many hazards when driving. Some are unavoidable, for example: sudden weather changes, a tire blowout, or other vehicles. For a safer trip remember these tips:

- Don't text or talk on your cell phone while driving – even hands-free. If you need to make a call, check road or weather conditions or respond to a text, wait until you stop in safe place, such as a rest stop or parking lot.
- Don't program your mobile GPS while you are driving. Either have a passenger do it or stop in a safe place.
- Share the driving with other passengers to avoid fatigue.
- Rest – driving while drowsy can be fatal. Even a 20 minute nap can do wonders.
- Schedule your trip to allow for frequent breaks. Take time to pull over at rest stops to stretch your legs and focus your head.
- Stop for food or beverages. Avoid eating while driving.
- Don't fall into the trap of driving while angry – aggressive driving kills.
- Always wear your seat belt.

Find more information at these websites:

- <http://www.petroprices.com/summer-driving-tips.html>
- <http://www.forbes.com/sites/jasonfogelson/2012/06/07/summer-driving-tips/>
- <http://www.rd.com/advice/how-to-avoid-5-costly-summer-driving-hazards/>
- http://www.driverside.com/auto-library/how_to_prep_your_car_for_summer-428
- <http://www.dmv.org/how-to-guides/summerize-car.php>
- <http://autorepair.about.com/od/seasonal/a/summerize.htm>
- <https://www.my.af.mil/trips/af/Login.aspx>
- <http://www.airforcevirtualwingman.com/tier4/>
- <http://www.endwi.com/programs>



PEPSI GRANDSTAND EVENTS



Concerts begin at 7:30 p.m. unless otherwise noted

Thursday, Aug 7
SCOTTY MCGREERY AND KELSEY K
\$25, \$20

Friday, Aug 8
JOAN JETT AND THE BLACKHEARTS
\$35, \$30, \$25, \$20

Saturday, Aug 9
SARA EVANS AND JOE NICHOLS
\$35, \$30, \$25, \$20

Tuesday, Aug 12
BEATLEMANIA LIVE!
\$10 General Admission

* Beatlemania Live! is not sponsored, endorsed by, or affiliated in any way with Apple Corp. Ltd. or The Beatles.

Wednesday, Aug 13
FLORIDA GEORGIA LINE HERE'S TO THE GOOD TIMES TOUR AND COLT FORD
\$45, \$35, \$30, \$25

Friday, Aug 15
JAKE OWEN'S DAYS OF GOLD TOUR STARRING JAKE OWEN AND ELI YOUNG BAND WITH SPECIAL GUEST THE CADILLAC THREE
7 p.m. \$45, \$35, \$30, \$25

Sunday, Aug 10 Missouri Association Championship Truck and Tractor Pull Qualifying
10 a.m. \$12 Adults / \$5 Ages 6-12, 7 p.m. \$15 Adults / \$6 Ages 6-12
BEST VALUE: \$20 All Day Ticket \$9 Ages 6-12

Monday, Aug 11 Missouri Association Championship Truck and Tractor Pull Finals
1 p.m. \$12 Adults / \$5 Ages 6-12, 7 p.m. \$15 Adults / \$6 Ages 6-12
BEST VALUE: \$20 All Day Ticket \$9 Ages 6-12

Sunday, Aug 17 Missouri State Fair Protect the Harvest Summer Nationals
5 p.m. \$25 General Admission



Kids 5 & Under FREE Everyday

Regular Single Day Gate Admission:

\$8 Adult, \$6 Senior Ages 60+, \$2 for Kids 6-12.
Kids 5 and Under FREE! FREE Parking Everyday!

Special Ticket Deals:

\$6 Advance Admission Tickets – \$8 value
On sale July-Aug 6 at Missouri State Fair Box Office, Orscheln Farm & Home Stores, Break Time Convenience Stores and Walgreens

\$21 Advance Unlimited Carnival Wristband – \$30 value
Good for Unlimited Carnival rides for one day
On sale July-Aug 6 exclusively at Walgreens

\$27 Unlimited Daily Deal – \$38 value
Good for unlimited carnival rides for one day and one day adult admission. On sale July-Aug 16 at Orscheln Farm & Home Stores, Break Time Convenience Stores and Walgreens

\$45 Advance Jumbo Pass – \$132 value
Good for one unlimited carnival ride wristband and gate admission valid for four consecutive days (Aug 11-14)
On sale July-Aug 6 exclusively at Walgreens

Large Public Campground:

Opens July 31. Unreserved Spot \$20/day per vehicle/tent



Accepted at Centennial Gate, Gate 11 and Public Campgrounds

Fairgrounds Box Office Hours:

Aug. 7-17 • 9 a.m. - 9 p.m. Daily

THURSDAY, AUG 7

Harvest the Savings! Opening Day Two Buck Bonanza

Sponsored by MFA Agri Services

- \$2 Gate admission age 6+
- List of concessions and vendor specials available at Information Booths

FRIDAY, AUG 8

No MOre Trash! Day

- Interactive games and selfie photo stations, including Barrel Bob

SATURDAY, AUG 9

So-da-riffic...it's Pepsi Day!

- \$1 off adult admission with coupon on special 2 liter Pepsi products

SUNDAY, AUG 10

Military Appreciation Day

Sponsored by I-Land Internet Services

- FREE gate admission for active military, veterans and delayed entry recruits with appropriate I.D. \$1 gate admission for immediate family members – spouse and dependent children. Plus \$5 off carnival ride wristband for military and immediate family with coupons available at admission gate.

MONDAY, AUG 11

Farm Bureau/Farm Family Day

- Celebrate Missouri Farm Families! Gate Admission, Carnival Ride Wristband and Championship Truck and Tractor Pull coupons available at County Farm Bureau offices or in Show Me magazine

DAILY HIGHLIGHTS

TUESDAY, AUG 12

Missouri Farmers Care Food Drive Tuesday

In cooperation with Ford and Missouri Farmers to benefit Missouri Food Bank Association

- Save up to half on gate admission today with canned food donations 7:30 a.m. – 4 p.m.

WEDNESDAY, AUG 13

Senior Appreciation Day

Sponsored by Sedalia Democrat

- \$2 off adult and senior admission with special front page Fair banner from Sedalia Democrat

Show-Me Bluegrass Festival

Sponsored by AgriMissouri

- Enjoy a full day of Missouri's best bluegrass pickers in a variety of locations on the fairgrounds.

THURSDAY, AUG 14

Governor's, Legislator's and Judges' Day

- Governor's Ham Breakfast 8 a.m.

Director's Tent

Celebrate Women in Agriculture – Reap the Savings!

Sponsored by Monsanto

- FREE gate admission for women of all ages

Missouri Travel Council Presents a Celebration of Women Trade Show

- Booths offering girlfriend retreats, spa packages and special events available in Missouri, 10 a.m. – 6 p.m. Assembly Hall

FRIDAY, AUG 15

MEC Day – Harvest the Energy!

- Visit innovative exhibits in the MEC Bldg. Free CFL light bulb while supplies last!

SATURDAY, AUG 16

Celebrate Kids in Agriculture...YIA Day!

Sponsored by Missouri Department of Conservation

- FREE gate admission for kids age 12 and under

SUNDAY, AUG 17

Protect the Harvest Day

- Free gate admission for municipal-county-state law enforcement and Missouri firefighters-EMTs-paramedics with appropriate I.D. \$1 admission for immediate family members (spouse and dependent children).
- \$4 gate admission today age 13+ / \$1 age 6-12



SEDALIA

AUG 7-17 2014

MOSTATEFAIR.COM



WHAT'S HAPPENING AT WHITEMAN?

JOIN US ONLINE @ WHITEMANFSS.COM & CLICK ON CALENDAR

FIND FEATURED EVENTS, ACTIVITIES, PROGRAMS,
FAMILY & YOUTH EVENTS, FITNESS & MORE.

FEATURED EVENTS

SATURDAY 8/2

Outdoor Rec is open on Saturdays!

Visit us to start your adventure! Open from 8am-12pm on Saturdays! Ask us about our rates. Call 687-5565.

WEDNESDAY 8/6

Boss & Buddy-Starts at 4:30pm- Mission's End

Join us for cheap wings, great food, fun & friends. Share some wings with your fellow co-workers and enjoy watching sports, or even a few of our beverage specials. Call 687-4422.

Little Patriots Embraced presents

Military Youth Fitness, Music & Entertainment Tour

FREE to all families on base!

Saturday, August 9
Whiteman Air Force Base

Project Bear Essentials | 11 a.m. - 12 p.m.
For children ages 2-12. Taking place at the library. Take home an LPE bear and more! Sign up is required. Sign up by emailing: marketing3@us.af.mil

Military Kids Fit for Life | 12:15 - 12:45 p.m.
Come out to the concert stage for a children's fitness program led by our fitness expert Kimberly!

Youth Concert | 1 p.m.
Starring Lexxi Seal, singer/songwriter from New York. Concert presented by Vincent James Music Group.

FSS
www.littlepatriotsembraced.org

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MONDAY - FRIDAY 11AM - 1PM

STARBUCKS COFFEE

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www.whitemanfss.com

509 FSS PAGE EDITOR: KYLE C. HAMRICK
CONTACT US! 687-7929



Whiteman AFB Presents

Wings of Love

August 15th 6:00 pm

Birds roller skate, ride a bicycle, play basketball, speak on cue & more!

Wings of Love FREE EVENT

AT THE WHITEMAN AFB COMMUNITY CENTER
JOIN US AUGUST 15 AT 6PM

FSS

WHITEMAN AFB YOUTH CENTER

START SMART SOCCER

MONDAYS & WEDNESDAYS AT 5:30PM AUGUST 11 - OCTOBER 1

START SMART SOCCER

Program endorsed by the National Alliance for Youth Sports that is designed to introduce children to the sport of soccer, and the motor skills necessary to compete in organized sports. The exercises and lessons in Start Smart Soccer evolve throughout the program at a slow, yet steady rate to build confidence in their skills but keep them challenged at the same time. Weather permitting classes will run for 6 weeks.

Classes begin August 11
Ages 3-5 years \$25
Sign up by August 8th

Event Location: Whiteman Soccer Complex

YP 687-3199

Like us on Facebook @ Whiteman Youth Sports
www.whitemanfb.com

FSS

WHITEMAN AFB YOUTH CENTER

WHITEMAN YOUTH SOCCER

PRACTICES ON BASE/GAMES IN WARRENSBURG AUGUST 1 - OCTOBER 15

KINDERGARTEN - 8TH GRADE

WARRIORS FC.

2nd-8th Grade: Plays in the Warrensburg Parks & Rec Youth Soccer League. Practices are held on base and games will be in Warrensburg. All teams will be formed according to grade level and not age/gender. Teams are split into the following divisions: 2nd/3rd Grade, 4th/5th Grade & 6th/8th Grade. K-1st Grade games and practices will be held on base at the youth soccer fields across the street from the base lake. All teams will be cased in nature.

Sign Up Now! Coaches Needed!
Members: \$45 Non-Members \$50
Call us at 687-3199

Like us on Facebook @ Whiteman Youth Sports
www.whitemanfb.com

FSS

AUG. 9 8AM-6PM

TANDEM SKY DIVING

Have you ever wondered what it would be like to fly like a bird? Well here is your chance! Join Outdoor Recreation and the Missouri River Valley Sky Divers and fly like a bird. With the help of the Single Airman Initiative, the cost is only \$55 per person. That is a savings of \$115 per person.

This trip is limited to 28 participants
\$55 Per Person

All Active & Reserve members must have a high risk letter signed from your Commander to participate. No exception. The cost and high risk form are due at sign-up.

This trip is partially funded by the Single Airman Initiative

SIGN UP BY AUGUST 1
MUST BE 18 YEARS OR OLDER

NO ALCOHOL WILL BE PERMITTED ON ANY OUTDOOR RECREATION TRIP.

687-5565 **FSS**

FCC NEWS AND INFORMATION

FCC OFFICE 660-687-5590

Want a Profitable Home Based Career?

Providers are needed to provide care for the following: evenings, weekends, swing shift workers, infants, special needs and mildly-ill children. The Air Force offers a subsidy for providers for all children under the ages of 3 and any child who falls into the critical needs areas. Providers who hold a license are subsidized \$160 a week per qualifying child.

Providers with chronic health problems are accepted. Call for more details.

Extended Duty Care

Register now for the extended duty care program. It is available to help DoD parents meet child care requirements for extra duty during exercises and emergencies. Care is provided in a contracted, licensed family child care home to augment regular care arrangements and is FREE. Come to the FCC office for an application prior to participation. Reservations need to be made at least a week prior to the care date.

Call for more details.

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No, seriously, say hello.

David Skolnick, MD, is a board-certified cardiologist who provides diagnostic studies, such as echocardiograms, stress tests, holter monitors and more. He is one of several cardiologists right next door at Western Missouri Medical Center. We partner with the Saint Luke's Cardiovascular Consultants of Mid America Heart Institute in Kansas City, so the expert care you need is always right here.



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WHITEMAN'S ANNUAL
Atomic Luau
AUGUST 8
11AM-5PM

Join us at the Skelton Park Base Lake!

Lunch, Games, Fun, Prizes & More!

Volleyball, Horseshoes, Tug-o-War, & More!

Sign up for Games with your unit Sport Representative!

All ranks & families are welcome to join in on the fun!

See your unit POC for more information, and don't forget to bring sunscreen & to wear your favorite "luau" apparel.

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*Classifieds continued
on following page*

WARRIOR

Serving the Whiteman Community

REAL ESTATE SALES

PUBLISHER'S NOTICE

All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18.

This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll-free at 1-800-669-9777. The toll-free telephone number for the hearing impaired is 1-800-927-9275.



Houses For Sale

BY OWNER- AS IS: 3 Bedroom, 2 bath, formal living & family room, double garage, fenced back yard, unfinished basement. Best offer. Call 660-864-3472.

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